

Draft minutes
SFUSD Student Nutrition and Physical Activity Committee meeting
Tuesday, Jan. 18, 2005

Present: Dana Woldow, Ed Wilkins, Laura Brainin-Rodriguez, Amanda Houston-Hamilton, Jan Link, Philip M. Smith, Paula Jones, Elois Brooks, Leah Rimkus, Pat Saturnio, Abby Rosenbeck, Ericka Lovrin, Miyoko Schinner, Arden Bucklin-Sporer, Meyla Ruwin, Caroline Grannan

1. Co-chair Dana Woldow called the meeting to order at 3:30 p.m. Minutes of the previous meeting (Nov. 16, 2004) were read and approved. In reference to an item in the Nov. 16 minutes, Elois Brooks noted that the Culinary Arts program is being restored at John O'Connell High School, which is becoming a Dream School.

2. Subcommittee reports

- a. **Publicity:** Caroline Grannan noted that the committee has not been able to meet due to schedule conflicts and that she will propose officially meeting electronically.

Publicity/outreach has focused on the Meal Application Task Force's work informing 10 targeted schools about the need to get all school meal applications returned. The targeted schools were picked because they had particularly low return rates and high cash losses. The effort will expand to another 10 schools.

Caroline has contacted the assistant superintendents about the effort, and she wrote a notice for them to distribute to principals.

- b. **Nutrition Education/Physical Activity:** Laura Brainin-Rodriguez reported that the Bay Area Nutrition and Physical Activity Collaborative (BANPAC) is working on a Feb. 17 teleseminar, "Welcome to Wellness: Putting New School Nutrition Legislation into Practice," and is seeking a co-sponsor and a space.
- c. **School Food:** Dana Woldow proposed a revision to the nutrition policy, adding to Part 7 of Section 2 the words "no artificial sweeteners." Philip Smith asked if the change might affect any current contracts. Ed Wilkins said it would not. A motion to make the revision was made, seconded and carried unanimously.

3. **Reports on ongoing projects:** Dana Woldow reported further on the targeted schools project. She brought up the problem that undocumented

immigrant families may be afraid to fill out a form giving detailed information.

It was asked whether a less intimidating form is available. Dana has seen one online and will check.

Laura Brainin-Rodriguez suggested outreach through ethnic media. Meyla Ruwin said outreach to students, including through student government, is effective. Some teachers offer extra credit for returning the forms, and some schools are offering pizza parties or other rewards as incentives for classes to return them.

Dana noted that SFUSD's discontinuation of Provision II of the National School Lunch Program, under which every student at designated high-poverty schools eats free, hurt the effort to get meal applications returned. Reinstating Provision II would be effective for those schools.

The plan to implement a Point of Sale system is defunct due to lack of funds. There are complications and unknowns under Provision II, committee members pointed out.

Leah Rimkus reported on the salad bar pilot at Harvey Milk Civil Rights Academy. NSLP participation has been 18% higher on salad-bar days. The financial analysis is incomplete but looks positive. Higher participation brings in more revenue, but a complete analysis needs to include labor, transportation and food costs. Leah recommends expanding the pilot to another school.

Meyla Ruwin said 14 schools have programs funded by grants from the Nutrition Education Project, and one of them would be a good location for the next salad bar site.

4. **New business:** Meyla Ruwin mentioned a grant available to middle schools and K-8s and said applications have gone out to principals.

Miyoko Schinner reported that there are some complaints at Clarendon Elementary about the loss of weekly bake sales.

Philip Smith said that principals have been told about the importance of getting meal applications returned. Meyla suggested that it be addressed at principals' meetings.

The meeting was adjourned at 4:40 p.m.

