

Minutes of the School Food Subcommittee of the SFUSD  
Student Nutrition and Physical Activity Committee  
Nov. 28, 2006

Present: Dana Woldow (chair), Libby Albert (DCYF), Maryl Bennan (parent), Lena Brook (Urban Sprouts), Jessi Frazier (SFUSD SHPD), Caroline Grannan (parent), Katie Kaplow (student), Rick Keeler (UCSF), Loretta Lee (SNS), Ericka Lovrin (Aptos Middle School Principal), Marguerite Nowak (SFUSD Food Bank), Jennifer Quevedo-Serrano (SFUSD SHPD), Leah Rimkus (SF Food Systems), Meyla Ruwin (SFUSD SHPD), Ellen Schatz (parent), Jacob Schreiber (student), Ed Wilkins (SNS), Laura Brainin-Rodriguez (DPH).

1. (The order of agenda items was switched to accommodate latecomers) **A la carte options:** Dana Woldow reported that there are complaints at some schools about Beanery menu choices. The menu is based on surveys taken at Aptos Middle School in 2002 and might benefit from further input. The group agreed to form a working group to go over the menu and consider possible revisions.
2. **Wellness Grant:** Meyla Ruwin announced that School Health Programs applied for a San Francisco Foundation mini-grant to pay a stipend to staff at school sites to implement the Wellness Policy. Eligible schools must have at least 50% students eligible for free/reduced meals. Schools may apply for the stipend, but response has been slow, so the outreach will be increased.  
Meyla mentioned two areas involving the Wellness Policy that are prompting complaints and need attention: class parties where unhealthy food served, and fundraising food sales at middle schools and high schools.  
She has sent the application out to principals in the WAD (Weekly Administrative Directive), and Dana Woldow offered to help publicize it.  
Also, a district mini-grant will provide two presentations in January to familiarize middle school and high school staffs with the Wellness Policy.
3. More subcommittee members arrived at this point, introductions were made, and minutes of the previous meeting were approved as read.
4. **After-school snacks:** Libby Albert discussed increasing the variety of snacks in the SFUSD after-school programs. Some programs get the snacks from SFUSD and some from the San Francisco Food Band, which has more variety because it accepts donated foods. Ed Wilkins said the repetition is caused by the limited number of available, affordable trans-fat-free snacks. Other districts can have more variety because their nutrition standards are less stringent, and many have fewer financial constraints.
5. **Catering trucks:** The problem of catering trucks selling competitive food and junk items at schools' front doors continues, Dana reported. SFUSD legal staff has made revisions to the food committee's proposed addition to the Wellness Policy. Dana and others met with the mayor's policy director and are working with the city to draft

legislation keeping catering trucks a set distance from schools. Dana requested that School Health Programs work with Galileo, where the Wellness Center is reportedly joining in the effort, on keeping the catering truck away from the school. Problems are that the trucks sell unhealthy junk food that kids eat instead of the healthier options in the cafeteria and that they draw revenue away from the cafeteria, meaning there's less money to provide quality meals for low-income students who can't afford alternatives to the reimbursable meals.

6. **Grab n Go update:** The Point of Sale system is experiencing some pains getting up and running, Ed Wilkins said. The difficulty of using it at Balboa High School resulted in a decline in breakfast participation, which Ed is working on. The card system works differently at Bessie Carmichael Elementary and is running more efficiently. At Balboa, the breakfast will soon be available at the front door. A grant application has been submitted for providing the POS system to all schools; the bugs should be worked out by that time.

Other breakfast additions are being tested at some schools, including a hot breakfast and fresh fruit.

7. **Other business:** Meyla Ruwin called for adding language to the Wellness Policy addressing staff wellness.

Ed Wilkins mentioned that the undersecretary of the USDA is coming to Balboa on Dec. 11 to observe the Grab N Go.

The meeting was adjourned at 5:07 p.m.