

SFUSD Vending Beverage Policy

Updated 09/29/08

This list will be updated regularly and is available online at www.sfusdfood.org

Water: plain or carbonated; no added sweeteners (natural or artificial, including sucralose and aspartame); no added vitamins, caffeine, or herbal supplements; may be any size

Juice: 100% fruit or vegetable juice, plain or carbonated; no added sweeteners (natural or artificial); no caffeine or herbal supplements; maximum size 12 oz.

Juice/water blends: no added sweeteners (natural or artificial); no caffeine or herbal supplements; maximum size 12 oz.

Milk: 1% or fat free (skim) milk; enriched rice, nut or soy milk (may be “lowfat”); flavored milk may contain no more than 40 grams of sugar total per 12 oz. (27grams of sugar total per 8 oz), including both naturally-occurring and added sweetener; preferably no Bovine Growth Hormone; maximum size 12 oz.

Rice, soy or nut milks must be enriched with calcium to at least 30% of the RDA per 8 oz. serving, or 40% of the RDA per 11 oz serving; maximum size 12 oz.

Partial list of approved beverages:

Plain bottled water (Dasani, Aquafina, Crystal Geysler, Richland, Black Mountain, etc.)

Berkeley Farms Milk Chugs, low fat (1%) or non fat, plain, chocolate, strawberry, 8oz.

Minute Maid premium original 100% pure squeezed orange juice, 8 oz.

Veryfine 100% juice, orange, apple, grape, orange tangerine, 12 oz.

Welch’s 100% juice, apple, grape, orange; 12 oz.

Tropicana pure premium original or calcium + vitamin D orange juice, 8 oz.

Snapple “100% Juiced” green apple, orange mango, fruit punch, grape, strawberry lime, melon berry, 11.5 oz can

V8 Vegetable Juice, 12 oz.

Vruit fruit juice, 8 oz.

After the Fall juice, 8 oz.

Wyman’s juice, 8 oz.

Campbell’s Tomato Juice, 12 oz.

IZZE Sparkling Juice

R.W. Knudsen spritzers, 12 oz.

The Switch carbonated juice, 12 oz.

Silk Soy Milk, 8.5 oz or 11 oz., plain, vanilla, chocolate

Vita Soy Milk, 8 oz., Creamy Original, Smooth Vanilla, Rich Chocolate, Light Original, Light Vanilla, Light Chocolate, Complete Original, Complete Vanilla

Rice Dream Enriched, 8 oz, all flavors

Soy Dream Enriched, 8 oz., all flavors

The following beverages meet SFUSD standards but, by USDA regulation, may only be sold after school:

Calistoga Sparkling Mineral Water (plain or flavored, no added sweetener)
Crystal Geyser Sparkling Mineral Water (plain or flavored, no added sweetener)
Crystal Geyser Juice Squeeze, 12oz.

The following beverages are NOT approved for sale: sports drinks, electrolyte-replacement drinks, “vitamin water”, “energy water”, “fruit water”.